DOCUMENT RESUME

ED 382 297 PS 022 428

AUTHOR Tubbs, Janet
TITLE Don't Worry, They'll Grow Up: A Parent's Survival Guide.
REPORT NO ISBN-1-881185-03-6
PUB DATE 92
NOTE 155p.
AVAILABLE FROM Arcadia Press, P.O. Box 8697, Scottsdale, AZ 85252-8697 ($19.95; 10-99 copies, $17.95 each).
PUB TYPE Guides - Non-Classroom Use (055)

EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Child Behavior; Child Development; *Childhood Needs; Early Childhood Education; Early Intervention; Family Environment; Individual Development; *Learning Activities; *Parent Child Relationship; Parent Influence; *Parenting Skills; Parent Materials; Self Esteem; Self Evaluation (Individuals)
IDENTIFIERS Gangs

ABSTRACT

This workbook was developed as part of an arts-based prevention and primary intervention program for preschools, parochial and elementary schools, day care centers, churches, and homes. It is designed to help parents identify potential or existing problems and create feelings of value and self-reliance in young children. The importance of enjoying parenting and respecting the child are pervasive themes throughout the text. Individual chapters consider the following: (1) techniques for understanding yourself and the impact of the painful comments stored in your psyche; (2) ways of breaking destructive patterns and understanding what is done and said to children; (3) techniques for understanding the stress of childhood; (4) developing self-esteem; (5) guidelines and activities for making decisions; (6) trusting yourself; (7) temperaments; (8) gangs, groups, and cults; (9) creativity and self-worth; (10) the importance of color; (11) ways of creating a happy, healthy home; (12) the therapeutic and educational benefits of journal writing for children and parents; (13) puppetry; (14) music, sound, and noise; (15) table manners and telephone courtesy; (16) fun things to do; and (17) ways of developing imagination and improving memory. The final chapter summarizes various tips and observations made throughout the text. (SM)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****